

4. What does the author refer to as “the essence of all that has gone before in this Psalm?”

5. What is the meaning of “those of the golden hooves?” How does this term apply to Christians?

“The only real, practical measure of my appreciation for the goodness and mercy of God to me is the extent to which I am, in turn, prepared to show goodness and mercy to others.”

6. List ways you routinely leave a “blessing and a benediction” behind you?

7. Write one way that you benefit The Lord, a way that you pass back a measure of His goodness and mercy to Him.

From Elizabeth George, “Powerful Promises for Every Woman:”

Dear one, for you and me as Christian women, “hope” is not to be seen as an uncertainty. We are not “hoping” that God’s promises will come true. No, we rather have a “confident hope” in God’s promises, for we have confidence in the character of God. A promise is only as good as the one who makes the promise. So, because of God’s goodness and mercy, we have a confident hope for all the days of our lives---and beyond---“through Jesus Christ our Savior” (Titus 3:6).